

The Satcher Health Leadership Institute



From the Desk of the Director Leadership That Is Mission-Oriented

At the Satcher Health Leadership Institute, we believe that leadership at its best is mission-oriented. Leaders function best when they identify with the mission and goals of the organization and are passionate about them. Our leadership development programs are designed to focus on the mission of the Satcher Health Leadership Institute. Each program focuses on the goal of reducing and ultimately eliminating disparities in health—a vision of moving toward global health equity. We believe that in order to move toward our mission, we need leaders who care enough, know enough, will do enough, and who will persevere until we reach the goal.



DR. SATCHER & FORMER ATLANTA MAYOR SHIRLEY FRANKLIN

A mission not only defines organizations, it can define individuals. I had not planned to be a college president. When I was asked to interview for the presidency at Meharry Medical College in 1981, I did it out of respect for the institution and its mission. I learned that the institution’s mission spoke to the reason that I went into medicine- to serve the underserved and those who were often left out of the health care system. At the time of my interview, Meharry Medical College’s mission was threatened as it struggled to survive in a very dysfunctional health system. I decided that if I could help lead the institution to a new level of strength and stability, it was worth my time and investment, even if it took me off of what I considered to be my planned track. When leaders are passionate about the mission of the institution or organization where they serve, it energizes the leader and allows them to energize others. When they communicate about the institution’s mission, others want to support the institution and their leadership.

It is great when leadership roles match the mission of the institution with the mission of the individuals. I believe that when considering a leadership role, one should ask the question- “is this consistent with my mission in life”?

“When leaders are passionate about the mission of the institution or organization where they serve, it energizes the leader and allows them to energize others. When they communicate about the institution’s mission, others want to support the institution and their leadership.”

David Satcher, MD, PhD
Director, Satcher Health Leadership Institute
16th Surgeon General of the United States

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Martha N. Okafor, PhD, MPA, serves as director of the Division of Behavioral Health at the Satcher Health Leadership Institute

Smart & Secure Children Pilot Program Completes Phase One

BY ANEEQAH FERGUSON, MS



Aneeqah Ferguson, MS is a staff member in the Division of Behavioral Health at the Satcher Health Leadership Institute

The Satcher Health Leadership Institute Division of Behavioral Health successfully graduated 46 parent peer learners and completed the leadership development of 13 parent leaders in June 2012. The ceremony marked the completion of the SAMHSA funded Smart & Secure Children (SSC) Parent Leadership pilot. The SSC curriculum was an outcome of the 2010 Neighborhood Healthy Child Development project that captured the vision and voices of over 128 parents of minority children ages 0-5, 49 childcare providers, and 40 pediatric health professionals in six at-risk neighborhoods across Atlanta. The goal from the 12 weeks of SSC trainings include improving parenting knowledge, practical parenting skills, mental well-being, increased parent leadership, and improved cognitive, social, and emotional child development.



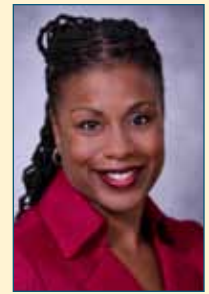
SMART & SECURE PILOT PROGRAM GRADUATES

What has been most noteworthy of the SSC approach to quality parenting is its recognition of parents as the natural leaders in their homes and communities. The SSC parent leadership training program's strategy is to build parents' capacity and ability to lead in the parenting of their children at home, and educating, motivating, and mobilizing parent mentors, parent leaders, and parent peer-learners to promote quality parenting in their communities. SSC parents praise the program for its powerful impact on their approach to parenting, thereby putting parents at the forefront of transforming parenting culture. SSC provides a much-needed forum for parents to share information and tips on raising children who are emotionally, physically and developmentally healthy. The Division of Behavioral Health hopes to expand the SSC program in more communities and for other minority populations.



Dr. Henrie Treadwell Explores Health Disparities in New Book

Henrie Treadwell, PhD, Clare Xanthos, PhD, and Kisha B. Holden, PhD, MCSR have co-edited a new book entitled *Social Determinants of Health Among African-American Men*. This groundbreaking book applies the concept of social determinants of health to the health of African-American men. While there have been significant efforts in recent years to eliminate health disparities, serious disparities continue to exist especially with regard to African-American men who continue to suffer disproportionately from poor health when compared to other racial, ethnic and gender groups in the United States. This book covers the most important issues relating to social determinants of health and also offers viable strategies for reducing health disparities.



Co-Editor
Dr. Holden serves as an Associate Professor, Department of Psychiatry and Behavioral Sciences at Morehouse School of Medicine, Director, Community Voices: Healthcare for the Underserved and the Interim Research Director, Satcher Health Leadership Institute

Third Class Completes the Satcher Community Health Leadership Program

The Satcher Community Health Leadership Program (CHLP) graduated its third class on May 23, 2012. As with the first two classes, five community advocates and five students from the Master of Public Health program at Morehouse School of Medicine were selected to participate in the 12-week program.

Outstanding community projects were presented by five teams. The projects included: Choose to be Fit - an obesity prevention program that has grown to include an after school program and a community garden, a church-based Alzheimer's support group, HIV/AIDS reduction and awareness for at-risk communities identified by local zip codes, and consciously resting meditation (CRM) for senior citizens.



Rev. Rickie Holmes, one of the 2012 graduates, shared the impact of the CHLP program on his congregation. "I learned so much and I am applying my new-found knowledge. We completed our mentoring program at a local elementary school, our community garden is growing well with our second planting and our obesity program has been adopted by numerous individuals in the congregation," said Holmes.

The CHLP, funded in part by American Express Philanthropy and the Marguerite Casey Foundation, was developed to close the gap between academic health centers and the communities of greatest need by engaging community members who are most affected by health disparities.



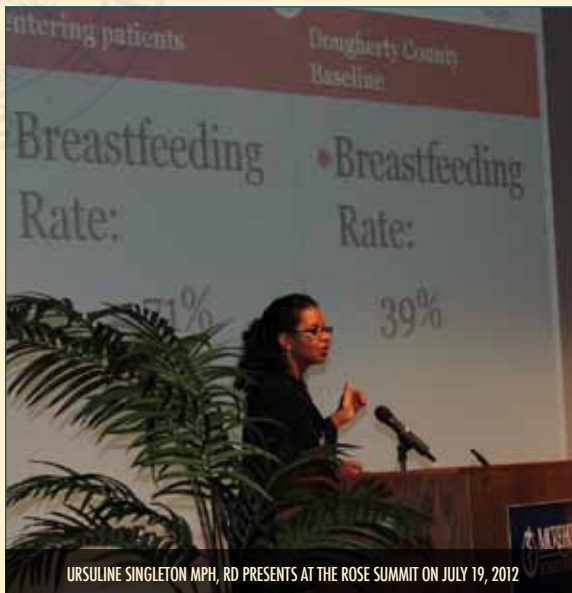
Reaching Out to Sisters Everywhere 2012 Breastfeeding Summit

BY KAMELA F. BOYD

Reaching Out to Sisters Everywhere (ROSE), partnered with the Satcher Health Leadership Institute Division of Health Promotion and Disease Prevention for its 2012 Breastfeeding Summit: Reclaiming an African American Tradition on July 19- 20, 2012. The two-day summit hosted a series of presentations from physicians, nurses, community health workers, researchers and bloggers.

Each presenter provided insight and candidly discussed barriers faced by African American mothers around breastfeeding. Those barriers and other complexities cause breastfeeding to be a health disparity and public health concern in the African American community.

Summit presenter Flora A.M. Ukoli, MD, MPH, a research professor at Meharry Medical College, stated that midwives in Nigeria and Ghana have been instructing mothers to breastfeed until the infant is at least six months old for decades, but global breastfeeding education has only been the standard for a little over 20 years. U.S. Surgeon General Dr. Regina Benjamin, American Academy of Pediatrics, and others confirm that this is the gold standard of infant nutrition and should be the norm. But, too often is not - especially for black women in the U.S. Among African American babies, only 13 percent of babies are exclusively breastfed.



The Surgeon General's Call to Action to Support Breastfeeding cites key barriers to breastfeeding: lack of knowledge, lactation problems, poor family and social support, social norms, embarrassment, employment and child care, and health services. The Healthy People 2020 objectives for breastfeeding are: 82 percent ever breastfed, 61 percent at 6 months, and 34 percent at 1 year.

"Many barriers exist for mothers who want to breastfeed, says Dr. Regina Benjamin, "they shouldn't have to go it alone. Whether you're a clinician, a family member, a friend, or an employer, you can play an important part in helping mothers who want to breastfeed."

Kamela F. Boyd is a staff member in the Division of Health Promotion & Disease Prevention at the Satcher Health Leadership Institute.

For More Information on **ROSE**
Please Visit www.breastfeedingrose.org



Dr. Harry Heiman Selected for Prestigious Robert Wood Johnson Foundation Health Policy Fellowship

BY SHARON A. RACHEL, MA, MPH

The Satcher Health Leadership Institute will bid a temporary farewell to Harry Heiman, MD, MPH as he joins the Robert Wood Johnson Foundation Health Policy Fellowship, along with seven other exceptional health leaders. The fellows will utilize their academic, public health, clinical, and community-based experience to provide health policy leadership on Capitol Hill. During his tenure with the nation's most prestigious health policy fellowship, Dr. Heiman will gain hands-on experience with health policy legislation and implementation. Dr. Heiman joined SHLI in 2009 as director of the newly-established Health Policy Leadership Fellowship.



DR. HARRY HEIMAN

In Dr. Heiman's temporary absence, Renee Volny DO, MBA, a 2011 graduate of the SHLI Health Policy Leadership Fellowship, was invited to return to SHLI as interim associate director of the fellowship program. Dr. Volny will oversee the day-to-day operations of the fellowship, as well as resume her faculty appointment in the department of OB/GYN at Morehouse School of Medicine. In the year since Dr. Volny completed her fellowship at SHLI, she has traveled to Ghana on a medical mission to train nurse midwives on cervical cancer screening and served as a physician at a critical access hospital in rural Idaho.



DR. RENEE VOLNY

Sharon A. Rachel, MA, MPH is a staff member in the Center of Excellence for Sexual Health at the Satcher Health Leadership Institute

RULER - Parent Engagement

BY MARTHA OKAFOR, PhD, MPA



The Satcher Health Leadership Institute hosted a one-day workshop in May 2012, entitled "Parent Engagement and the RULER Approach to the Social and Emotional Development of Children in Public Schools".

RULER is an evidence-based social and emotional learning program that teaches the correlation between emotional well-being and academic performance. Over 175 statewide school administrators, teachers, counselors, and parent liaisons attended the workshop. Experts invited to speak at the workshop included Dr. Marc Brackett, Research Scientist, Yale University and lead developer of The RULER Approach to Social and Emotional Learning, Dr. Loma Flowers, President, Equilibrium Dynamics and Dr. Martha Okafor who presented the Parent Engagement program currently being developed at SHLI.

SHLI solicited proposals from attendees of the spring workshop that had an interest in implementing RULER-PE programs. Three applicants, Atlanta Preparatory School, Evoline C. West Elementary School, and Bibb County School District, were selected through the competitive process. SHLI is currently working with school administrators and educators to implement effective parent engagement approaches that will enable students, staff and families to boost academic performance and decrease bullying and other conduct problems in schools. The first phase of the RULER-Parent Engagement training for the selected educators and administrators was held on September 7, 2012 at Morehouse School of Medicine. This initiative has been funded by Georgia



DR. SATCHER, DR. LOMA FLOWERS & DR. MARC BRACKETT

Kaiser Permanente Community Benefits and Community Affairs.

Dr. Martha Okafor serves as the Director of the Divisions of Behavioral Health at the Satcher Health Leadership Institute

Satcher Community Health Leadership Program

The Satcher Community Health Leadership Program (CHLP) is a 12-session program, scheduled one day weekly over 12 weeks. The sessions are provided in a structured setting and are designed to build and enhance participant knowledge, skills, and leadership.

The curriculum is interactive and community-based. The community participants and Master of Public Health students from Morehouse School of Medicine partner in developing community projects that are relevant to community needs, show evidence of sustainability, and impact health disparities. The goal of the CHLP is to develop community health leaders who will be educated, motivated, and mobilized to lead community groups in changing health behaviors, improving environmental health, and influencing policies to support community health.

The Community Health Leadership Program is a part of the Division of Health Promotion and Disease Prevention at the Satcher Health Leadership Institute. The fourth cohort is scheduled to begin February 8, 2013.

For more information or to apply for the program, please visit the
Division of Health Promotion and Disease Prevention's
web page @ shli.msm.edu.



November 18, 2011 CHLP Presentation by Steve Casey, Founder of Fresh Moves

Health Policy Leadership Fellowship

Preparing diverse leaders to impact policy in the pursuit of health equity

Fellowship Overview

The SHLI Health Policy Leadership Fellowship is a 10-month program at the Morehouse School of Medicine designed to prepare postdoctoral professionals for leadership roles in promoting and implementing policies and practices to reduce and ultimately eliminate health disparities. Fellows receive a minimum \$50,000 stipend plus fringe benefits.

Eligibility

We welcome applications from those committed to leadership development and the elimination of health disparities with particular focus areas in sexual and behavioral health. Select candidates may qualify for a combined fellowship through our partnerships with Georgia State University and Kaiser Permanente. Applications for 2013-2014 will be available beginning November 1, 2012 through January 11, 2013 @ shli.msm.edu.

For more information, email healthpolicyfellowship@msm.edu

MAKIA POWERS, MD, MPH

"I was able to learn how to balance my life through the Satcher Health Leadership Institute Program, inside and outside the program," Powers said.

In 2009, Dr. David Satcher called Powers to talk about the fellowship and its focus on eliminating health disparities and promoting health equity. She decided on the Health Policy Leadership Fellowship because she wanted to learn more about the role of health policy in promoting health equity and implementing successful health programs.

The Satcher Health Leadership Institute





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